

**Raymond J. Carlson Jr., MPH, MS, PA-C**  
**Physician Assistant Certified**

**Education:**

Rosalind Franklin University of Medicine and Science  
Master of Science in Physician Assistant Practice, June 2005

University of North Carolina at Greensboro  
Master of Public Health, May 2000

California University of Pennsylvania  
Bachelor of Science in Education/Biology, May 1995

**Clinical Experience:**

San Diego Sports Medicine and Orthopaedic Center – Physician Assistant  
(January 2011 to Present)

Responsible for evaluation and treatment of conditions/injuries in an adult General Orthopedic/Sports Medicine setting. This includes pre-operative history and physical exams, post-operative care, ordering and interpreting diagnostic labs, conventional radiographs, MRI and CT scans. Additional responsibilities and procedures include surgical first assist, joint aspiration/injection, and splinting/bracing.

Orthopedics Specialty Institute/Hoag Orthopedic Institute – Physician Assistant  
(September 2010 to December 2010)

Responsible for the evaluation and treatment of Orthopedic conditions/injuries in an adult population. This included largely total joint disease and adult reconstruction, peri-operative preparation, operating room first assist, and post-operative care. Additionally order, read, and interpret conventional radiographs, MRI, CT, and diagnostic labs

United States Navy – Physician Assistant Sports Medicine and Reconditioning Team,  
Division Officer Clinical Services (September 07 to September 2010)

Responsible for evaluation and treatment of a variety of medical conditions/injuries in an adult Orthopedic/Sports Medicine setting. This includes ordering and interpreting diagnostic labs, conventional radiographs, MRI and CT scans. Additional procedures include suturing, fracture and dislocation reduction, joint aspiration and joint/trigger point injection, splinting/bracing, and therapeutic modalities.

United States Navy – Physician Assistant Forward Deployed, Al Taqadam Iraq  
(September 08 to March 09)

Subject matter expert in the Air Combat Element clinic on Sports Medicine and Orthopedic injury patient evaluation and treatment. Additionally acted as a provider in the weekly Orthopedic Specialty Clinic, run by Al Taqadam Surgical/Shock Trauma Platoon, this included ordering and interpreting conventional radiographs, fracture and dislocation reduction, joint aspiration/injection, splinting/bracing, and therapeutic modalities.

Children's Specialist of San Diego, Division of Orthopedics – San Diego, California  
(August 06 – August 08)

Responsible for the evaluation and treatment of Orthopedic conditions/injuries in a pediatric/adolescent population. This includes common Pediatric Sports Medicine injuries, Scoliosis, fracture treatment/trauma, and general pediatric orthopedic conditions. Additionally order, read, and interpret conventional radiographs, MRI, CT, and diagnostic labs. Part of these responsibilities also included trauma/night call.

Ear, Nose, Throat and Plastic Surgery Associates, Inc. – Auburn Washington  
(August 05 – July 06)

Responsible for Otolaryngology history & physical exams, evaluation and treatment with both Pediatric and Adult populations in a clinical setting. Additional responsibilities include pre and post-op patient care, hospital rounds, and surgical 1<sup>st</sup> assist. Proficient in Binocular Microscopy, Nasal Endoscopy, Tympanometry, and reading and interpreting audiogram and tympanograms as they relate to diagnosis and treatment of ENT patients.

Physician Assistant Student Training (May 04-June 05)

- Internal Medicine – Touch of Health Clinic, Buffalo Grove, IL
- General Surgery – Great Lakes Naval Hospital, North Chicago, IL
- Emergency Medicine – Mt. Sinai Hospital, Chicago, IL
- Obstetrics/Gynecology – Nora Gynecology & Obstetrics, Lincolnwood, IL
- Pediatrics – Harborside Clinic, Kenosha, WI
- Family Medicine – The Doctor's Office, Zion, IL
- ENT (Elective) – Naval Medical Center San Diego, San Diego, CA
- Sports Medicine/Orthopedics (Preceptorship) – Naval Medical Center San Diego, San Diego, CA

Medical Park Hospital Winston-Salem North Carolina, Surgical Technician Internship  
(May 1999 - August 1999)

Assist in the preparation and implementation of various surgical procedures including Orthopedics, Obstetrics/Gynecology, and General Surgery.

Orthopedic and Sports Physical Therapy and Associates, Physical Therapy Aid (August 1994 - August 1995)

Responsible for assisting company Physical Therapists in advancing patients through physical rehabilitation programs, modalities, and charting progress, as well as assist in general medical office management.

California University of Pennsylvania, Sports Medicine Internship (March 1994 -August 1995)

Over 1000 documented hours of experience in protective taping, orthopedic injury evaluation/treatment, and modalities.

**Military History: United States Navy (June 1998 – May 2003 and September 2007 – September 2010)**

Lieutenant – Environmental Health Officer/Honorable Discharge, May 2003

Lieutenant – Physician Assistant/Honorable Discharge, September 2010

Lieutenant - Active Reserve/Physician Assistant, September 2010 to present.

**Publications/Presentations:**

**Carlson, Raymond J.**, Young, Joseph, Enriques, James R., Sessions, Nicole A., MacGregor, Andrew J., (2002). *Increasing Influenza Vaccine Compliance Rates in Active Duty Health Care Personnel*. Poster Session. TRICARE Region 9 West Coast Conference.

**Carlson, R.J.** Shiffer, S.W. (2010). Bursitis. In Buttaro, T.M., Trybulski, J. Bailey, P.P. & Sandberg-Cook, J. (Eds.), Primary Care: A collaborative practice (pp 718-724). St. Louis, MI: Mosby.

**Licensure/Certifications:**

National Commission on Certification of Physician Assistants (NCCPA) June 2005

California Licensed – Physician Assistant June 2005

Basic Life Support Certified, 2010

DEA Registered August 2005

**Honors:**

Finch University of Health Sciences/The Chicago Medical School Physician Assistant Student leadership award, Summer Quarter 2003

University of North Carolina at Greensboro ETA SIGMA GAMMA National Health Education Honorary, 1999-2000.

Top 5 Provider for customer satisfaction in Navy Physical Medicine, 2010.

**Professional Affiliations:**

American Academy of Physician Assistants (AAPA) – Fellow

California Academy of Physician Assistants (CAPA) – Fellow