

**Curriculum Vitae (Abbreviated)**  
**(Complete CV available upon request)**

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**JAMES P. TASTO, MD**  
**Orthopaedic Surgeon**

**San Diego Sports Medicine & Orthopaedic Center, Inc.**

6719 Alvarado Road, Suite 200  
 San Diego, CA 92120  
 (619) 229-3932

**Clinical Professor**

**University of California – San Diego**

Department of Orthopaedics  
 200 West Arbor Drive, MB 8894  
 San Diego, CA 92103

**EDUCATION**

1970 to 1974	<u>Harvard Combined Orthopaedic Residency</u> Massachusetts General Hospital Peter Bent Brigham Hospital Children's Hospital	Boston, MA
1966 to 1967	<u>General Surgery Residency</u> Cook County Hospital	Chicago, IL
1965 to 1966	<u>Rotating Internship</u> Cook County Hospital	Chicago, IL
1961 to 1965	Loyola University, Stritch School of Medicine Degree: M.D.	Chicago, IL

**ACCREDITATION**

California State Medical License (G14672)	1967 to Current
Diplomate, American Board of Orthopaedic Surgeons	Certified 1975

**MILITARY SERVICE**

1974-1970	USN Reserves	
June 1970	United States Navy <i>Lieutenant Command</i> Honorable Discharge	
1970-1969	United States Naval Hospital Orthopaedic Service	Yokosuka, Japan

1969-1968	U.S.S. Oklahoma City, CLG 5 Guided Missile Cruiser Flagship	South Vietnam, Japan, South China Sea
1969-1968	Naval Support Activity Temporary Duty	Da Nang, South Vietnam
1968-1967	United States Navy Balboa Hospital Orthopaedic Service	San Diego, California

## HONORS AND AWARDS

2008, 2006, 2004 & 2003- Top Doctors List- San Diego County Medical Society and San Diego Magazine

2005- Richard Caspari Award Finalist  
ISAKOS (International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine)

2004 – Lloyd Taylor Research Award  
Western Orthopaedic Association

2003- Richard O'Connor Award Finalist  
AANA (Arthroscopy Association of America)

2003- AANA Research Award  
“Treatment of Chronic Tendinosis”

2003 – Francis West Award  
Best Clinical Teacher  
University of California, San Diego, Dept. of Orthopaedics

1994 – Francis West Award  
Best Clinical Teacher  
University of California, San Diego, Dept. of Orthopaedics

1986 – Francis West Award  
Best Clinical Teacher  
University of California, San Diego, Dept. of Orthopaedics

## STAFF APPOINTMENTS

*Clinical Professor, Orthopaedic Surgery*  
University of California – San Diego  
La Jolla, CA

Veterans' Administration Medical Center  
La Jolla, CA

Alvarado Hospital  
San Diego, CA

Sharp Grossmont Community Hospital  
La Mesa, CA

## **PROFESSIONAL ORGANIZATIONS AND ACTIVITIES**

### **American Academy of Orthopaedic Surgeons (AAOS)**

Board of Directors; BOS Chair; BOS; Board of Specialty Societies Chair-Elect (formerly COMSS); President (Orthopaedic Learning Center); Communication Cabinet Member; Council on Communications Representative (COMSS); Task Force on Complementary Alternative Medicine; Task Force on Educational Effectiveness; Committee on Surgical Skills Education; Committee on Shoulder and Elbow; Committee on Surgical Skills Education (CSSE); Instructional Course Evaluation Committee; Committee on Arthroscopic Education; Regional Admissions Committee; Member (Orthopaedic Learning Center); Secretary/Treasurer (Orthopaedic Learning Center)

### **Arthroscopy Association of North America (AANA)**

President 2000; 1<sup>st</sup> Vice President 1999; 2<sup>nd</sup> Vice President 1998; Treasurer; Journal Board of Trustees; Executive Committee; Finance Committee; Assistant Treasurer; Education Committee; Board of Directors; Chairman, Ethics Committee; Organizing and Fund Raising Committee/Orthopaedic Learning Center; Audiovisual Committee

### **American Orthopaedic Society of Sports Medicine (AOSSM)**

Chairman (Membership Committee); Committee on Education; Public Relations/Media Committee; Ad Hoc Committee on CAQs and Credentialing; Council of Delegates, State of California; Membership Committee

### **American Orthopaedic Foot and Ankle Society (AOFAS)**

Chairman, Sports Medicine Committee; Education Committee

### **Western Orthopaedic Association (WOA) San Diego Chapter**

President; Vice President; Secretary/Treasurer; Visiting Professorship Organizing Committee; Founder, Malcolm B. Coutts Visiting Professorship

### **Orthopaedic Research and Education Foundation (OREF)**

Region Chairman (AOSSM); Local Chairman

### **Alvarado Hospital**

Chairman, Department of Orthopaedics; Director; Orthopaedic Supervisory Committee; Medical Director, Alvarado Athletic Medical Services; Chairman, Emergency Room Committee; Executive Committee Member, Alvarado Health Foundation; Orthopedic Supervisory Committee

### **Wilson Bost Interurban Orthopaedic Society**

### **American Academy of Sports Physicians**

### **California Medical Association (CMA)**

### **International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS)**

## **San Diego County Medical Society (SDCMS)**

### **Irish-American Orthopaedic Society**

## **EDITORIAL POSITIONS**

*Sports Medicine & Arthroscopy Review*, Editorial Board  
*American Journal of Orthopaedics*, Department Editor  
*American Journal of Sports Medicine*, Reviewer  
*Orthopaedics Today*, Editorial Board

## **SCIENTIFIC PRESENTATIONS**

Over 500 International, National, Regional and Local Presentations  
(Available upon request)

## **COURSES CHAIRED**

Over 30 Courses Organized and/or Chaired  
(Available upon request)

## **PUBLICATIONS**

Over 60 Published Scientific Articles, Abstracts, Book Chapters, and Audiovisual Productions  
(Available upon request)

## **VISITING PROFESSORSHIPS**

25 invited National and International Visiting Professorships  
(Available Upon Request)

## **PATENTS**

10/19/04 “*Methods for Electrosurgical Tendon Vascularization*” U. S. Patent # 6,805,130  
07/20/04 “*Methods for Electrosurgical Tendon Vascularization*” U. S. Patent # 6,763,836  
05/07/02 “*Bioabsorbable Surgical Screw and Washer System*” U. S. Patent # 6,383,187

## **RESEARCH PROJECTS AND INTERESTS**

Major research interests currently are centered around tendinopathy. Most published works as well as abstracts are centered around growth factor stimulation, angiogenesis and neuroanatomy. Previous research involved articular cartilage, shoulder AC joint biomechanics, shoulder anatomy and ankle arthroscopy.

(Details Available Upon Request)